

## 6th Annual Halloween Bench Press

Remember "Hoss" on Bonanza? Who doesn't love a big strappin' guy with an even bigger heart? Well, we get an auditorium full of "Hoss" every year at the Westminster Family Center's annual Halloween Bench Press. And it's more exciting than Bonanza! The big guys psyche each other up to pump as much weight as then can and it's all for the purpose of raising money for Access Carroll and the Westminster Family Center.

Last Saturday, October 30th, over 40 contestants came from all over to compete in the 6th Annual Halloween Bench Press. Stephen and Nick Gregori, a father & son team from Hurlock, MD have "brandished their guns" for a few years now. This year, they were joined by grandpa Joe Gregori, all the way from Youngstown, OH. Paul & Joe Kuegler are another father and son team from Finksburg. Then of course, we always have our homeboy, Don Joy. This year, his son-in-law, Harold Raines and his grandson, Calvin Raines joined Don in his winning legacy.

It's a family atmosphere, but that's always on the agenda at the Westminster Family Center. Every year, the contestants comment on the positive energy, the support and the cheering from the spectators, the all-volunteer staff and even from their own competitors. They all encouraged one another to do their personal best and they all accomplished amazing feats.

### **The standings for the UN-ASSISTED (no bench shirt) Divisions:**

126 lb. petite Meghann Salafia lifted 185lbs. for 1st place and **Best Lifter** in the Women's Division

#### Teen Division:

98 lb. (but no weakling!) Nicholas Gregori lifted 115lbs. for 1st place in the SLW weight class.

Joe Kuegler lifted 145lbs. for 1st place in the U123 weight class.

Calvin Raines lifted 195 lbs. for 2nd place in the U165 weight class.

Brandon McBride lifted 225 lbs. for 1st place in the U165 weight class.

**Benjamin Fowler** lifted 350 lbs. for 1st place in the O198 weight class and **Best Lifter** in the Teen Division.

#### Men's Open Division:

Nick Hutson lifted 270 lbs. for 1st place in the U148 weight class.

Doug Myers lifted 300 lbs. for 2nd place in the U165 weight class.

David Blattenberger lifted 385 lbs. for 1st place in the U165 weight class.

Justin Muhl lifted 365 lbs. for 1st place in the U181 weight class.

Timothy Gay lifted 360 lbs. for 2nd place in the U198 weight class.

Mike Hodge lifted 385 lbs. for 1st place in the U198 weight class.

George Ferrell lifted 365 lbs. for 2nd place in the U220 weight class.

Sherm Pensyl lifted 460 lbs. for 1st place in the U220 weight class.

Jason Fitzpatrick lifted 255 lbs. for 2nd place in the U242 weight class.

Shawn Koontz lifted 390 lbs. for 1st place in the U242 weight class.

Walter Cook lifted 350 lbs. for 1st place in the U275 weight class.

Men's Sub-master (35-39) Division:

Michael Hodge lifted 245 lbs. for 2nd place in the U165 weight class.

Robert Cesario lifted 335 lbs. for 1st place in the U165 weight class.

Gordon Carpenter lifted 320 lbs. for 1st place in the U181 weight class.

Timothy Gay lifted 360 lbs. for 1st place in the U198 weight class.

**Best Lifter** in the Men's Open & Sub-master Divisions was **David Blattenberger**.

Men's Master I (Over 40) Division:

Paul Kuegler lifted 290 lbs. for 2nd place in the U165 weight class.

David Blattenberger lifted 385 lbs. for 1st place in the U165 weight class.

Jim Croft lifted 225 lbs. for 2nd place in the U181 weight class.

Gregory James lifted 300 lbs. for 1st place in the U181 weight class.

Merritt Bender lifted 325 lbs. for 1st place in the U2198 weight class.

Harold Raines lifted 275 lbs. for 2nd place in the U220 weight class.

George Ferrell lifted 365 lbs. for 1st place in the U220 weight class.

Raymont Wilson lifted 360 lbs. for 1st place in the U242 weight class.

Glenn Finley lifted 340 lbs. for 2nd place in the U275 weight class.

Walter Cook lifted 350 lbs. for 1st place in the U275 weight class.

David Utermahlen lifted 255 lbs. for 1st place in the SHW weight class.

Men's Master II (Over 50) Division:

Ted Brooks lifted 375 lbs. for 1st place in the SHW weight class.

Men's Master III (Over 60) Division:

Chuck Mulligan lifted 305 lbs. for 1st place in the U198 weight class.

Brooke Blough lifted 260 lbs. for 1st place in the U220 weight class.

Men's Master IV (Over 70) Division:

Joe Gregori lifted 130 lbs. for 1st place in the U198 weight class.

Don Joy lifted 275 lbs. for 1st place in the U275 weight class.

**Best Lifter** in the Men's Master Divisions was **Chuck Mulligan**.

**The standings for the ASSISTED (bench shirt) Divisions:**

Men's Open Division:

Stephen Gregori lifted 270 lbs. for 2nd place in the U148 weight class.

Scott Zerbe lifted 395 lbs. for 1st place in the U148 weight class.

Jacob Alderman lifted 375 lbs. for 1st place in the U181 weight class.

Tony Burgess lifted 400 lbs. for 1st place in the U198 weight class.

Randy Brooks lifted 400 lbs. for 2nd place in the U242 weight class.

Randy Robinson lifted 620 lbs. for 1st place in the U242 weight class.

Shawn Keene lifted 475 lbs. for 1st place in the U275 weight class.  
Jason D'Angelo lifted 500 lbs. for 2nd place in the SHW weight class.  
Mike McKee lifted 500 lbs. for 1st place in the SHW weight class.

Men's Sub-master (35-39) Division:

Jason D'Angelo lifted 500 lbs. for 1st place in the SHW weight class.

**Best Lifter** in the Assisted Men's Open & Sub-master Divisions was **Randy Robinson**.

Men's Master I (Over 40) Division:

Stephen Gregori lifted 270 lbs. for 1st place in the U148 weight class.  
Tony Burgess lifted 400 lbs. for 1st place in the U198 weight class.  
Randy Brooks lifted 400 lbs. for 2nd place in the U242 weight class.  
Randy Robinson lifted 620 lbs. for 1st place in the U242 weight class.  
Shawn Keene lifted 475 lbs. for 1st place in the U275 weight class.

Men's Master II (Over 50) Division:

Scott Zerbe lifted 395 lbs. for 1st place in the U148 weight class.

**Best Lifter** in the Assisted Men's Master's Divisions was again, **Randy Robinson**.

Congratulations go out to all the lifters!

Special thanks go out to all of the volunteer staff:

Scott Bixler – Director

Michele Bahn - Announcer

Niko Huslander – Head Judge

Jeff Van Dyke – Judge

Tom Getsinger – Judge

Beth Lande - Scorekeeper

Eva Minton – Food and Break-down

Deb Shipley – Food and Break-down

Mike O'Dwyer – Spotter

Tim Fulton – Spotter

Joe Hanson – Spotter

Josh Trainor – Spotter

Mike Staub – Set-up and Break-down

Shelly Fulton – Coordinator

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